



# LASIK Post-Operative Instructions

## **DO NOT RUB YOUR EYES!**

It is **normal** for vision to be poor, blurry or fluctuate on the day of surgery.

Your eyes may feel scratchy, tear, and/or have a burning sensation or sensitivity to light. These symptoms will normally improve 24 hours after the procedure.

**REMEMBER TO SLEEP 3 TO 4 HOURS IMMEDIATELY FOLLOWING YOUR SURGERY.**

Wear your protective eye goggles (or shields) at nighttime and naptime for the next 4 to 5 days/nights.

**Directions:** SHAKE medications before use. When administering drops to the eye that had surgery, pull down the lower lid to form a pouch to put the drops in, **DO NOT TOUCH THE UPPER LID!**



**Zymaxid (0.5%) or (Gatifloxacin)** – Antibiotic drop (tan cap): One drop four times a day for 7 days.



**Pred Forte (1%)** – Anti-inflammatory drop (white/pink cap): One drop every two hours (while awake) for first 2 days, then one drop four times a day for an additional 7 days. **Shake bottle 15-20 times before using!**

*Put either drop in first and follow with the other. Wait 5 minutes before using the lubricating drops.*



**Refresh Plus/Systane Tears** – Lubricating drops: Lubricating drops help promote healing by allowing the eyelid to glide over the cornea so use them every 1 to 2 hours for the first week and as needed thereafter.

• **You may re-cap vial – keep it clean and use within 8 hours of opening vial.**

### **Reminders:**

- **The manufacturer's instructions on Pred Forte say to use 2 drops for each dose – this is NOT necessary – Please follow OUR directions.**
- **Shake bottles before using -it is normal for drops to burn, sting or blur vision temporarily.**
- **No cosmetics around eyes for 1 week.**
- **No swimming or hot tub for 2 weeks.**
  - *If you experience any severe pain, discharge, or other abnormal symptoms please contact YOUR eye doctor.*
  - *If you can't reach your doctor, call our office at 216-674-6400 or Dr. Eippert's cell @ 216-789-8799.*